

MILITARY SUPPORT GROUP

For those who have served in the military, Active Duty, National Guard, and Reserve members living with mental health challenges. The group is facilitated by Veterans and former service members with lived experience.

SCHEDULE: Weekly on Thursday

TIME: 6:00-7:30 PM

FORMAT: Virtual on Zoom

REGISTER ONLINE

Visit tinyurl.com/NAMIMultMSG
to join the notification list or scan
the QR code

