

NAMI MULTNOMAH BOARD OF DIRECTORS

January, 2018

Bonnie Pickens



Bonnie is passionate about interventions to improve the health of disenfranchised communities. In her professional experience, she noted themes in client stories related to lack of health system access, poverty, incarceration, and co-morbid chronic conditions. She obtained a Master's in Public Health at Portland State University, and has been an advocate for mental health equity. She worked at the Oregon Public Health Division on tobacco prevention initiatives and supervised a team of Community Health Navigators at Kaiser Permanente to address the social determinants of health. She is currently with Providence Health and Services Community Health Division to lead projects to prevent behavioral health conditions and improve access to treatment for the most vulnerable. She believes in peer and consumer-driven solutions to public health concerns. LinkedIn: <https://www.linkedin.com/in/bonniepickens/>

Lissa De Vault



In January 2017 Lissa joined the NAMI-Multnomah Board of Directors and currently serves as Secretary and executive member of the board finance committee. She has over 20 years of experience in the healthcare industry as a clinical laboratory technologist plus various leadership roles. Recently, she received a Master of Science in Healthcare Management from Oregon Health and Science University where she was able channel her passion for organizing system workflows to develop a meaningful team-oriented work environment into a formal degree. Her belief for fairness and accountability drives her to help other people have their voices heard and get an opportunity to experience life to the fullest.

Beth Epps



Beth Epps has been Chief Clinical Officer at Cascadia Behavioral Healthcare, Inc. since January 2014. Prior to Cascadia, Ms. Epps served as Senior Director of Solutions Development for Optum, and conducted a project in collaboration with Yale University's Program for Recovery and Community Health. She worked on the CMS Financial Alignment Initiative, building solutions in several states for Medicare/Medicaid dual eligible demonstration grants. Ms. Epps also served as Executive Director for Adapt of Texas. Adapt partnered with the University of Texas, Galveston, to initiate telepsychiatry services for Adapt's community clinics and as part of crisis and forensics programs. Services included medication and therapy clinics, supported housing, case management, and child & family interventions. Her work in Dallas included mobile crisis design and implementation, peer support capacity building, and participation at the state in advocacy and policy development. She holds a Master of Education.

Michael Fisher



Michael W. Fisher was appointed as Director of VA Portland Health Care System in July 2016. His previous position was as Director of VA Long Beach Healthcare System, and prior to that he was the Deputy Network Director for VA NW Health Network (VISN 20). In that role in Vancouver, Wash., Mr. Fisher oversaw the administration functions of a system of 8 medical centers and 31 clinics in a four state region. He had also served as VISN 20 Chief Financial Officer from May 2006 to March 2008. He has gained direct experience in all aspects of federal financial systems, as well as revenue, compliance and human resources. In 2007, he completed VA's Health Care Leadership Institute Training, an advanced training program offered to a limited number of future organizational leaders. Mr. Fisher received his B.A. in accounting and Certified Public Accountant (CPA) certification in 1994.

James Paul Kahan



James Paul Kahan is a consultant who holds a Ph.D. in mathematical social psychology from the University of North Carolina at Chapel Hill (1968) and a B.A. in psychology from Reed College. Jim is a consultant for foundations in the United States and the Netherlands. He has been engaged in efforts in the provision of mental health care and the criminal justice system. He is an active alumnus of Reed College, and has endowed the Jim Kahan Summer Fellowship in the Performing Arts. From 1981 to 2007, Jim was a Senior Behavioral Scientist at the RAND Corporation; including 11 years from 1994 to 2005 as Director of Research at RAND Europe, Leiden the Netherlands. Jim's academic career includes 10 years at the University of Southern California in the Department of Psychology and an adjunct appointment at the Pardee RAND Graduate School. Jim produces musical performances, and is an amateur thespian.

Sylvia Zingeser



Sylvia Zingeser became involved with the mental health community nearly fifteen years ago by calling NAMI Multnomah for assistance for a family member. Since that time, she has served on the Crisis Intervention Training Advisory Board (CIT), which has been replaced with the Behavioral Health Unit (BHU), and the Training Advisory Counsel, (TAC), Portland Police Bureau. Sylvia is a charter member of TAC, which she still serves on. Currently, Sylvia serves as the Board Treasurer for NAMI Multnomah.

Tom Brady



Tom spent his career as an Executive Director of non-profits, starting as the first Executive Director of the Mountain Health Center, a rural medical clinic located on the Campo Indian reservation. Since coming to Oregon, he has directed organizations providing services to adjudicated, served neglected or abused youth and women, community support and transportation for the elderly, an adult day health care program, and most recently peer delivered mental health programs. He served on Boards of the San Diego Council of Community Clinics, the Oregon Alliance of Children's Programs, and NAMI Multnomah as Board President. He is a member of the Behavioral Health advisory board for Clackamas County Behavioral Health.

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