



2017 Mental Health Resource Guide

Our mission is to improve the quality of life for people with mental illness and their families through support, education and advocacy.

Produced by:

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2017 NAMI Multnomah Resource Guide
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Cover photo courtesy of Kirill Belotserkovsky

Preface

This Resource Guide is dedicated to those in our community who live with mental illness, their families, friends and care providers. All NAMI Multnomah members firmly believe that treatment works and recovery is possible. We hope that this guide to resources in our community will foster discussion and further investigation among individuals, families and professionals in the journey on the road to recovery.

- For updates and further information, check our website, www.namimultnomah.org
- Information on major mental illnesses and medications can be accessed at www.nami.org
- Answers to many frequently asked questions can be found online at www.namimultnomah.org

Please note this guide is purely for information purposes only, and is not intended to provide professional advice or recommendations. Persons making use of the information contained in this guide do so at their own risk. NAMI Multnomah hereby disclaims any liability for any damage arising, directly or indirectly, from the use of the information contained herein.

We are grateful to our supporters and to those who cooperated in the guide's preparation by providing and reviewing information.

We hope you find this guide useful.

Your suggestions are welcome. Changes of address and phone, etc., are important. Please call or send alterations or additions to: Editor.ResourceGuide@gmail.com

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